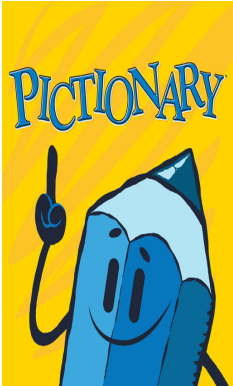
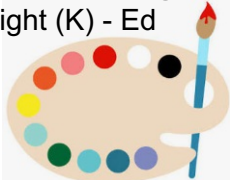




| Sunday                                                                                                                                                                                                                                                                                                                                        | Monday                                                                                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                  | Friday                                                                                                                                                                                                                                                                        | Saturday                                                                                                                                                                                  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div><b>Program Location Legend</b><br/>Ed - Edinburgh Home Area<br/>W- Wellington Activity Area<br/>F- Fountain Activity Area<br/>RR- Resident Room<br/>SN- Snoezelen Room<br/>CC - Community Center<br/>BCY- Back Court Yard<br/>CP- Cheers Patio<br/>C- Chapel<br/>E- Eramosa Activity Area<br/>P- Paisley Activity Area</div> <div></div> | <div><b>Recreationists</b><br/>Lizzie Gibson - Ext.2234<br/>lgibson@elliottcommunity.org<br/>Kailey Beeney - Ext.2125<br/>kbeeney@elliottcommunity.org<br/>Reshmi Abraham - Ext. 2233<br/>rabraham@elliottcommunity.org<br/>Angie Scadding -<br/>ascadding@elliottcommunity.org<br/>Zoe Posterski<br/>zposterski@elliottcommunity.org</div> <div></div> | <div>1</div> <div><b>Morning</b><br/>Movement Matters (AS) - Ed<br/>Back To School Memories (AS) - Ed</div> <div><b>Afternoon</b><br/>Cheerful Chats (AS) - Ed<br/>1:30pm Food Committee (L) - E<br/>1:30pm Music Therapy w/<br/>Mairead - Ed</div>                                                  | <div>2</div> <div><b>Morning</b><br/>Dawn &amp; Dough (K) - Ed<br/>Morning Strolls (K) - Ed<br/>Multiple Choice Mania (K) - Ed<br/>12:00pm Lunch Club with<br/>Sherry - CF</div> <div><b>Afternoon</b><br/>Ice Cream Social (K) - Ed<br/>2:30pm Falls Prevention- Ed</div> | <div>3</div> <div><b>Morning</b><br/>9:30am Walmart Shopping<br/>Outing (Sign Up Only)<br/>Flower Arranging (K) - Ed</div> <div><b>Afternoon</b><br/>1:45pm Chiming with Sharon - Ed<br/>2:30pm Zumba Exercises- Ed</div> | <div>4</div> <div><b>Into the Wild Theme Day!</b><br/><b>Morning</b><br/>9:30am General Store<br/>Creative Corner: Peacocks (K) - Ed</div> <div><b>Afternoon</b><br/>Live Zoo Footage (K) - Ed<br/>2:45pm Afternoon<br/>Entertainment with<br/>Michael Kelly Cavan - Ed</div> | <div>5</div> <div><b>Morning</b><br/>Morning Karaoke (L) - AR<br/>Coffee &amp; Trivia (AS) - Ed</div> <div><b>Afternoon</b><br/>Movement Matters (AS) - Ed</div> <div></div>              |
| <div>6</div> <div><b>Morning</b><br/>Hymn Sing (L) - W<br/>Jeopardy (AS) - Ed</div> <div><b>Afternoon</b><br/>Outdoor Walks (AS) - BCY</div> <div></div>                                                                                                                                                                                      | <div>7</div> <div><b>Morning</b><br/>Sunshine Stories (K) - BCY<br/>2:30pm Strength &amp; Balance - Ed<br/>Dynamic Duo Chats with Kailey - RR</div> <div><b>Afternoon</b></div> <div><b>Evening</b><br/>Game Night (K) - Ed</div>                                                                                                                       | <div>8</div> <div><b>Morning</b><br/>Soup's On (K) - Ed<br/>Multiple Choice Mania (K) - Ed</div> <div><b>Afternoon</b><br/>1:30pm Music Therapy w/<br/>Mairead - Ed<br/>1:30pm Residents' Council - E<br/>2:00pm What Does Living Well<br/>Mean To You? - AR<br/>Bocce Ball (K) - BCY</div>          | <div>9</div> <div><b>Morning</b><br/>Dawn &amp; Dough (K) - Ed<br/>10:00am St Andrew<br/>Presbyterian Chapel<br/>Service - C</div> <div><b>Afternoon</b><br/>2:00pm Happy Hour with Rob<br/>Edlefsen - CF<br/>2:30pm Falls Prevention- Ed</div>                            | <div>10</div> <div><b>Morning</b><br/>Flower Arranging (K) - Ed</div> <div><b>Afternoon</b><br/>1:45pm Chiming with Sharon - Ed<br/>2:30pm Zumba Exercises- Ed</div> <div></div>                                          | <div>11</div> <div><b>Morning</b><br/>9:30am General Store<br/>Word Games (AS) - Ed</div> <div><b>Afternoon</b><br/>2:00pm Afternoon<br/>Entertainment with John<br/>Pebble - AR</div> <div></div>                                                                            | <div>12</div> <div><b>Morning</b><br/>Let's Bake Bread (K) - F<br/>Creative Colouring (K) - Ed</div> <div><b>Afternoon</b><br/>Fresh Air in our Hair - BCY</div> <div></div>              |
| <div>13</div> <div><b>Morning</b><br/>Creative Corner (K) - Ed<br/>Hymn Sing (K) - W/F/Ed</div> <div><b>Afternoon</b><br/>Walks &amp; Strolls (K) - Ed</div> <div></div>                                                                                                                                                                      | <div>14</div> <div><b>Morning</b><br/>11am-12pm Bookmobile</div> <div><b>Afternoon</b><br/>1:00pm Outing: Donkey<br/>Sanctuary (sign-up<br/>only)<br/>2:30pm Strength &amp; Balance - Ed<br/>Dynamic Duo Chats with Kailey - RR</div> <div><b>Evening</b><br/>Game Night (K) - Ed</div> <div></div>                                                     | <div>15</div> <div><b>Morning</b><br/>Movement Matters (AS) - Ed<br/>10:00am Trinity United Chapel<br/>Service - C</div> <div><b>Afternoon</b><br/>Let's Bake: Apple Cake (AS) - Ed<br/>1:30pm Music Therapy w/<br/>Mairead - Ed<br/>Apple Fest (AS) - Ed<br/>Bingo Night (L) - Ed</div> <div></div> | <div>16</div> <div><b>Morning</b><br/>Dawn &amp; Dough (K) - Ed<br/>11:30am Outing: Cherry<br/>Blossom Sushi (sign-<br/>up only)</div> <div><b>Afternoon</b><br/>2:30pm Falls Prevention- Ed</div> <div></div>                                                             | <div>17</div> <div><b>Morning</b><br/>Flower Arranging (K) - Ed</div> <div><b>Afternoon</b><br/>2:00pm Birthday Party with<br/>James Skarnikat - CC<br/>2:30pm Zumba Exercises- Ed</div> <div></div>                      | <div>18</div> <div><b>Morning</b><br/>Brain Boost (K) - Ed</div> <div><b>Afternoon</b><br/>Bean Bag Toss (K) - Ed<br/>2:45pm LTC Community<br/>Engagement Day<br/>Celebration - Ed</div> <div></div>                                                                          | <div>19</div> <div><b>Morning</b><br/>Coffee &amp; Trivia (AS) - Ed<br/>Morning Walks &amp; Strolls (L) -Edi</div> <div><b>Afternoon</b><br/>Movement Matters (AS) - Ed</div> <div></div> |

| Sunday                                                                                                                                                                                                                                                                                               | Monday                                                                                                                                                                                                                                                                                                                         | Tuesday                                                                                                                                                                                                                                                                                               | Wednesday                                                                                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                                                                                                | Friday                                                                                                                                                                                                                                                                                 | Saturday                                                                                                                                                                                                                                                                     |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>20</div> <div>Morning<br/>Hymn Sing (L) - W<br/>Scattagories (AS) - Ed<br/>Afternoon<br/>Creative Colouring (AS) - Ed<br/>Walks &amp; Strolls (L) - AR</div> <div><p>I love to go for walks outside.</p></div> | <div>21</div> <div>Morning<br/>Afternoon<br/>2:00pm Many Cultures, One Community Celebration - Cafe<br/>2:30pm Strength &amp; Balance - Ed<br/>Dynamic Duo Chats with Kailey - RR<br/>Evening<br/>Game Night (K) - Ed</div> <div></div>      | <div>22</div> <div>Morning<br/>Soup's On (K) - Ed<br/>10:00am OARC Resident Council Presentation - Ed<br/>Afternoon<br/>Let's Decorate for Fall (K) - Ed</div> <div></div>                                        | <div>23</div> <div>Morning<br/>Dawn &amp; Dough (K) - Ed<br/>10:00am Roman Catholic Mass - C<br/>Afternoon<br/>2:00pm Accordion with Gary - C<br/>2:30pm Falls Prevention- Ed</div> <div></div> | <div>24</div> <div>Morning<br/>8:45am Outing: St. Jacobs Market (sign-up only)<br/>Flower Arranging (K) - Ed<br/>Afternoon<br/>2:30pm Chiming with Sharon (K) - Ed<br/>2:30pm Zumba Exercises- Ed</div> <div></div> | <div>25</div> <div>Morning<br/>9:30am General Store<br/>Let's Bake (AS) - Ed<br/>Afternoon<br/>Pictionary (AS) - Ed<br/>2:45pm Afternoon Entertainment with Brent Meidinger - Ed</div> <div></div> | <div>26</div> <div>Morning<br/>Rise and Gab (K) - Ed<br/>Seated Exercise (Z) - Ed<br/>Afternoon<br/>Floor Curling (Z) - Ed<br/>2:30pm Walks &amp; Strolls (Z) - W/Ed/F</div> <div></div> |
| <div>27</div> <div>Morning<br/>Creative Corner (K) - Ed<br/>Hymn Sing (K) - W/F/Ed<br/>Afternoon<br/>Walks &amp; Strolls (K) - Ed</div> <div></div>                                                               | <div>28</div> <div>Morning<br/>11am-12pm Bookmobile<br/>Afternoon<br/>2:00pm Collaborative Canvas - BCY<br/>2:30pm Strength &amp; Balance - Ed<br/>Dynamic Duo Chats with Kailey - RR<br/>Evening<br/>Game Night (K) - Ed</div> <div></div> | <div>29</div> <div>National Coffee Day<br/>Morning<br/>Movement Matters (AS) - Ed<br/>10:30am Let's Bake: Muffins (AS) - Ed<br/>Afternoon<br/>Cheerful Chats (AS) - Ed<br/>Fall Cafe (AS) - Ed</div> <div></div> | <div>30</div> <div>Morning<br/>Dawn &amp; Dough (K) - Ed<br/>Good News Network (K) - Ed<br/>Afternoon<br/>Hot Chocolate Social (K) - BCY<br/>2:30pm Falls Prevention- Ed</div> <div></div>    | <div>Legend for which Recreationist is hosting the activity:</div> <div>(AS)- Angie<br/>(L) - Lizzie<br/>(K) - Kailey<br/>(MA)- Mairead<br/>(R) - Reshmi<br/><br/>(O) - Olivia<br/><br/>(Z) - Zoe</div>                                                                                                 | <div>KEEP ♥<br/>Shining<br/>THE WORLD<br/>needs<br/>YOUR<br/>light</div>                                                                                                                                                                                                               | <div>CELEBRATING RESIDENT COUNCIL WEEK<br/>SEPTEMBER 14TH-20TH</div> <div></div>                                                                                                        |